ALL IOWA
SHOP HOP

Iowa Picture Window
Table Runner

14-1/2 x 64-1/2"

Designed, Pieced and Quilted by:
Jerriann Massey
Annie McHugs

MATERIALS:

5/8 yard Leaves on Green Cream
3/4 yard Blender Pinecone
1 yard of fabric of your choice for backing
20″ X 70″ Batting
1/3 yard of fabric choice for binding
Iowa Picture Window Reverse Applique Tool by Annie McHugs OR you may use the Full size Reverse Applique template

READ THROUGH ALL INSTRUCTIONS BEFORE BEGINNING. SEW PIECES RIGHT SIDES TOGETHER AND USE A 1/4″ SEAM ALLOWANCE THROUGHOUT UNLESS OTHERWISE STATED. WOF - WIDTH OF FABRIC

CUTTING:

From Leaves Green on Cream Fabric:

Cut [2] — 2-1/2″ x WOF strips

For the letter "I" block
Subcut [2] — 2″ x 7-1/2″ rectangles **(B)**
Subcut [1] — 2-1/2″ x 5-1/2″ rectangle **(D)**

For the letter "W" block
Subcut [2] — 2-1/2″ squares **(C)**
Subcut [1] — 2-1/2″ x 3-1/2″ rectangle **(D)**
Subcut [2] — 2-1/2″ x 8-1/2″ rectangles **(F)**

For the letter "A" block
Subcut [1] — 3-1/2″ x 2″ rectangle **(B)**
Subcut [2] — 2-1/2″ x 6-1/2″ rectangle **(D)**
Subcut [1] — 2-1/2″ x 7-1/2″ rectangles **(F)**

Subcut [4] — 2-1/2″ x WOF strips for border

The letter "O" is the shape of Iowa Picture Window Reverse Applique block, cut:
Cut [1] — 6″ x 9-1/4″ rectangle **(B)**
If applying it with fusible and a raw edge finish: Cut fabric the shape of the template.

From Blender Pinecone Fabric:

You can get all the following cuts from [1] strip WOF of the following widths: 10-1/2″, 3-1/2″, 2-1/2″ and 1-1/2″. Cut the [3] — 10-1/2″ squares from that strip first.

For the letter "I" block
Subcut [2] — 1-1/2″ x 7-1/2″ rectangles from the 3-1/2″ strip **(A)**
Subcut [2] — 3″ x 5-1/2″ rectangles from the 3-1/2″ strip **(C)**
Subcut [2] — 2″ x 10-1/2″ rectangles from the 10-1/2″ strip **(E)**

For the letter "O" is the Iowa Picture Window Reverse Applique block, cut:
Cut [1] — 10-1/2″ square **(A)**

For the letter "W" block
Subcut [1] — 3-1/2″ x 4-1/2″ rectangle from the 3-1/2″ strip **(A)**
Subcut [1] — 2-1/2″ x 3-1/2″ rectangle from the 2-1/2″ strip **(B)**
Subcut [2] — 2-1/2″ squares from the 2-1/2″ strip **(E)**
Subcut [2] — 1-1/2″ x 7-1/2″ rectangle from the 1-1/2″ strip **(G)**
Subcut [2] — 2″ x 10-1/2″ rectangle from the 10-1/2″ strip **(H)**

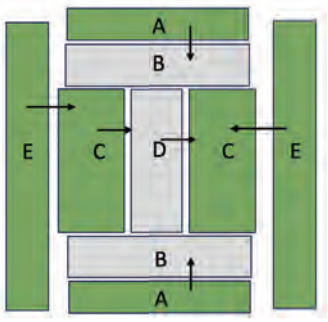
For the letter "A" block
Subcut [1] — 2-1/2″ x 3-1/2″ rectangle from the 2-1/2″ strip **(A)**
Subcut [1] — 3″ x 3-1/2″ rectangle from the 3-1/2″ strip **(C)**
Subcut [2] — 2-1/2″ squares from the 2-1/2″ strip **(E)**
Subcut [2] — 2″ x 8-1/2″ rectangles from the 2-1/2″ strip **(G)**
Subcut [2] — 1-1/2″ x 10-1/2″ rectangles from the 1-1/2″ strip **(G)**

Subcut [2] — 10-1/2″ squares from the 10-1/2″ strip for background blocks

BLOCK ASSEMBLY:

TIP: Keep each block separate. Cut and label each piece by Part name [A, B, C.] for each block.

BLOCK "I"



1. Sew [1] Pinecone **(A)** to the top of Leaves Green and Cream **(B)**.
2. Sew the remaining Pinecone **(A)** to the bottom of Leaves Green and Cream **(B)**.
3. Sew [1] Pinecone **(C)** to the left side of Leaves Green and Creme **(D)**.
4. Sew remaining Pinecone **(C)** to the right side of Leaves Green on Cream **(D)** .

5. Sew Unit **(AB)** to the top of Unit **(CDC)**.
6. Sew Unit **(BA)** to the bottom of Unit **(ABCDC)**.
7. Sew one Pinecone **(E)** to the left side of the **(ABCDCBA)** unit.
8. Sew the remaining Pinecone **(E)** to the right side of the **(ABCDCBA)** unit. Block should be 10-1/2" square unfinished.

BLOCK "O"

1. Using Blender Pinecone, 10-1/2" **(A)**, find center by folding in half both vertically and horizontally. Press. Position the Annie McHugs Picture Window IOWA Tool on the wrong side of fabric and *facing down*. Center the shape using the registration marks. **Important:** the front of the tool should be face down.
2. With a disappearing pen or pencil, draw the IOWA shape on the back side of the block.
3. Cut the fabric 1/4" to 1/2" **inside** the shape and remove. See Figure 1A
4. Still working on the back of the block, snip to the drawn line around curves and to the corners. See Figure 1B.

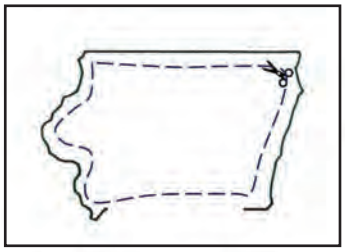


Figure 1A

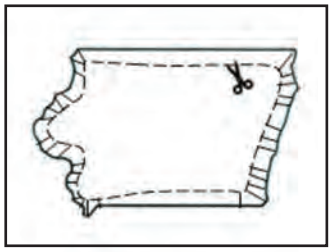
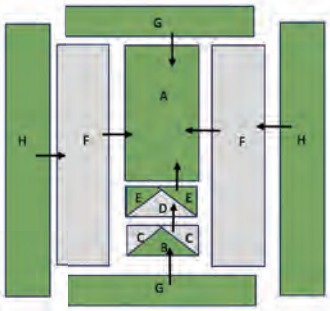


Figure 1B

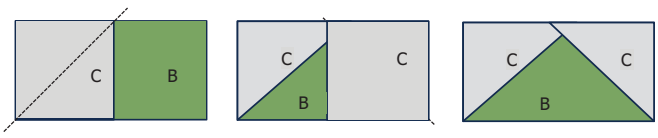
5. Use a glue stick to spread a small amount of glue along the drawn line, just outside the snipped edge.
6. Fold the snipped edge back on top of the glue and finger press in place. Then use a hot iron to press and heat set the glue.
7. To fill the window, place glue along the edges of the IOWA shaped opening on the **backside** of the fabric.
8. Lay Leaves Green and Cream **(B)**on the opening, adjusting as needed. Finger press into place.
9. Press with hot iron to heat and set the glue.
10. Stitch in place. Working on the front of the block, top stitch along the opening of the IOWA shape, as close to the edge as possible being sure to stitch both layers together. I use a straight stitch, but you can use any decorative stitch.

    OR, if you are using the downloaded shape: print the IOWA Shape out of the Leaves Green on Cream. Cut out the IOWA shape along the printed line. Using Hot Fix Adhesive or your choice of adhesives, top stitch with a zig zag along the raw edge. Block should be 10-1/2" square unfinished.

BLOCK "W"

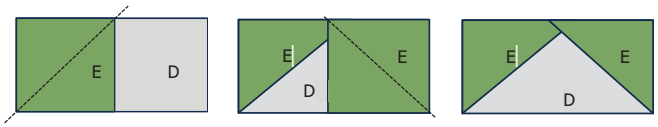


1. Draw a diagonal line on the wrong side of both **(C)** and **(E)** .
2. With right sides facing each other, place [1] square **(C)** on the top left side of **(B)** aligning with the top corner. Stitch along the drawn line. Trim 1/4" away from the seam. Press open.
3. Place the remaining square **(C)** on the top right corner of **(B)** . Stitch along the line. Trim 1/4" away from the seam. Press open. This unit should measure 2-1/2" x 3-1/2".



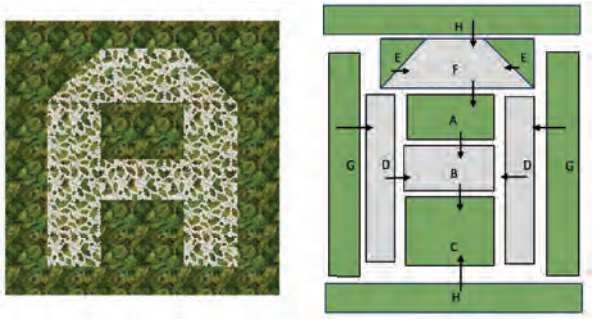
4. With right sides facing each other, place [1] square **(E)** on the top left side of **(D)** aligning with the corner. Stitch along the drawn line. Trim 1/4" away from the seam. Press open.
5. Place the remaining square **(E)** on the top right corner of **(D)**. Stitch along the line. Trim 1/4"

away from the seam. Press open. This unit should measure 2-1/2" x 3-1/2".

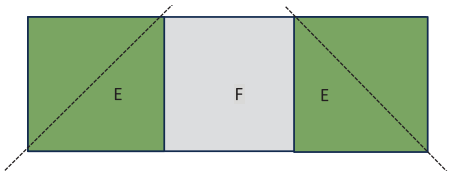


6. Stitch Unit **(EDE)** to the top of Unit **(CBC)**.
7. Stitch **(A)** to the top of Units **(EDE)** + **(CBC)**.
8. Stitch [1] **(F)** to the left side of the **(A)** + **(EDE)** + **(CBC)** Unit.
9. Stitch the remaining **(F)** to the right side of the Unit.
10. Stitch [1] **(G)** to the top of the Unit.
11. Stitch the remaining **(G)** to the bottom of the Unit.
12. Stitch [1] **(H)** to the left side of the Unit
13. Stitch the remaining **(H)** to the right side of the Unit. Block should measure 10-1/2" square unfinished.

BLOCK "A"



1. Sew **(A)** to top of **(B)**.
2. Sew **(C)** to bottom of Unit **(AB)**
3. Sew [1] **(D)** to left side of Unit **(ABC)**.
4. Sew remaining **(D)** to right side of Unit **(ABC)**.
5. Draw a diagonal line on the wrong side of both **(E)**.
6. With right sides facing each other, place [1] square **(E)** on the top left side of **(F)** aligning with the corners. Stitch along the drawn line. Trim 1/4" away from the seam. Press open.
7. Place the remaining square **(E)** on the top right corner of **(F)**. Stitch along the line. Trim 1/4" away from the seam. Press open. This Unit should measure 2-1/2" × 7-1/2".



8. Sew Unit **(EFE)** to the top of Unit **(DABCD)**.
9. Sew [1] **(G)** to the left side of Unit **(EFEDABCD)**.
10. Sew remaining **(G)** to the right side of Unit **(EFEDABCD)**.
11. Sew [1] **(H)** to the top of Unit **(GEFEDABCDG)**.
12. Sew remaining **(H)** to the bottom of Unit **(GEFEDABCDG)**. Block should measure 10-1/2" square.

TABLE RUNNER ASSEMBLY:

1. Arrange blocks following layout shown below:

2. Sew blocks together.

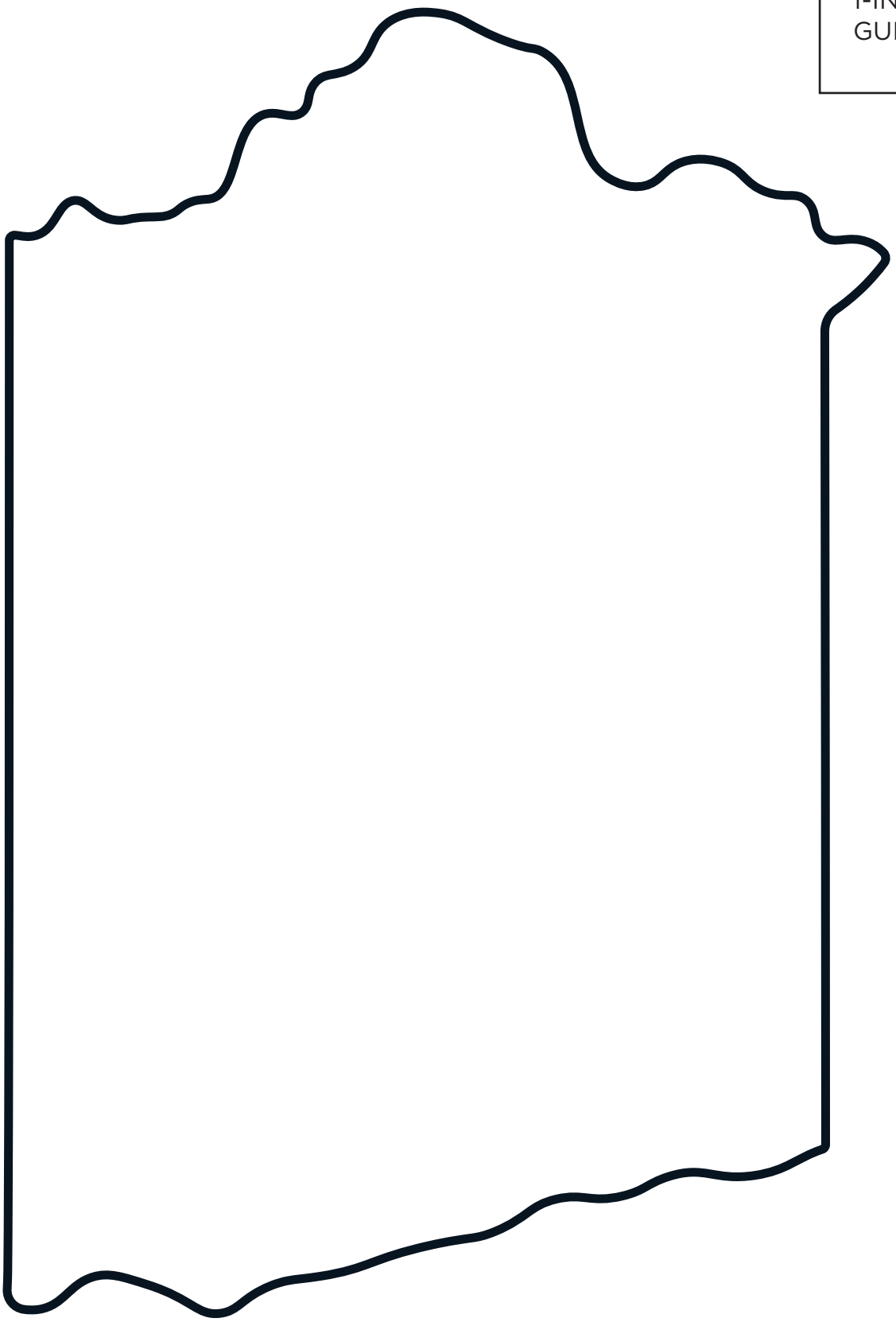
BORDER ASSEMBLY:

1. For the end borders, cut [2] — 2-1/2" × 10-1/2" rectangles from [1] of the Outer Border Leaves Green and Cream strips. Sew to the left and right ends of the runner.
2. For the top and bottom border, sew the [3] remaining strips, plus the leftover piece from the 4th strip, of the Leaves Green and Cream fabric together. Then, subcut [2] — 2-1/2" × 64-1/2" .
3. Sew [1] to the bottom and the other to the top of the Table Runner Assembly.

FINISHING:

1. Layer quilt top with batting and backing.
2. Quilt as desired.
3. Bind.
4. Celebrate!

1-INCH
GUIDE



Jerriann Massey

Jerriann is a Texan, a quilt designer, pattern writer, BOM Writer, Christian author, and the owner of Annie McHugs. She invented and holds the patent for her Picture Window Reverse Applique tools. It is reverse applique in a new, fast, fun and easy way. The tools come in many shapes: Dresden Plate, Orange Peel, Circles, Heart, Texas, and Oklahoma Picture Windows.

While her name is Jerriann, she loves being called Annie, it's what her grandchildren call her. Her husband, Doug, her C.E.O (Carry Everything Out), is called Hoot by the grand kids and together they are Hoot & Annie. They live in Tyler, TX.

She's been quilting since 2010 and loves to teach, speak to guilds, write, and host retreats. You'll often find her vending at quilt shows across the country. Her quilts have been published in national and international magazines. Visit AnnieMcHugs.com. Find Annie McHugs on Facebook, Instagram, and YouTube.